



Regulations

XIII GRAND PRIX of Poland

in memory of Stanisław Geroń in Acrobatic
Gymnastics

1. Organizer

Podkarpacki Okręgowy Związek Akrobatyki Sportowej

Contact: Pułaskiego Street 13 a, 35-011 Rzeszów

e-mail : tkaplita@poczta.onet.pl , pozas.rzeszow@onet.eu

2. **Date** : 18th November - 22nd November 2021

3. **Venue** : Sports Hall in Łańcut, Armii Krajowej Street 57



4. Competitions & Categories

a) Acrobatic Gymnastics

- Age Group 10-16 (WP, MP, MXP, WG, MG) – FIG rules 2022-2024
- Age Group 11-18 (WP, MP, MXP, WG, MG) - FIG rules 2022-2024
- Junior 12-19 (WP, MP, MXP, WG, MG) - FIG rules 2022-2024
- Senior 14 and older (WP, MP, MXP, WG, MG) - FIG rules 2022-2024

Apparatus supplier: JANSSEN-FRITSEN, colour: blue, FIG certified,
reference number: 1790750

5. Judges

Each delegation has to present one Judge in acrobatic gymnastics.

6. Accreditation

Accreditation will take place at the Sports Hall in Łańcut, Armii Krajowej Street 57.

7. Preliminary time schedule

Thursday, November 18 th 2021	Arrivals to Łańcut
Friday, November 19 th 2021	09:00 – 19:00 Open training 19:30 Orientation meeting – officials, judges
Saturday, November 20 th 2021	8:00 – 9:00 Training 9:00 – 14:00 Qualifying Rounds 14:30 Opening Ceremony 15:00 – 20:00 Qualifying Rounds
Sunday, November 21 st 2021	8:00 – 9:00 Training 9:00 – 14:30 Finals 15:30 - Award Ceremony
Monday, December 22 nd 2021	Departure of delegations

Definitive time schedule will be handed upon arrival.

8. Entry fees

Euro 25 per gymnast.

9. Accommodation

Category 1 :

*** Hotel

The price per person/night:

- Single room – 65 Euro
- Double room – 55 Euro

Category 2:

** Hotel

The price per person/night:

- Single room – 55 Euro
- Double room – 50 Euro
- Triple room – 45 Euro

The accommodation through the Organizing Committee includes:

a room

3 meals

transport from a hotel to the Sports Hall.

10. Entry and Declaration of interest

Definitive Registration and Accommodation Form **20.10.2021**
Nominative registration: **05.11.2021**
Organising Committee's Contact: ekaplita@gmail.com or
tkaplita@poczta.onet.pl

11. Payment

Payment (entry fees + stay costs) deadline is **15.11.2021** and the payment has to be transferred to :

BANK PKO BP, Oddział 1 Rzeszów, ul. 3 – go Maja 23

SWIFT – BPKOPLPW

IBAN – PL 04 1020 4391 0000 6102 0074 5083

BENEFICIARY NAME – Podkarpacki Okręgowy Związek Akrobatyki Sportowej w Rzeszowie

On request, the organizer can accept the cash payment upon arrival.

12. Insurance

The Organizing Committee cannot be held responsible for any liabilities in case of accidents, illness. Therefore, all competitors and officials must make their own arrangements for the appropriate insurance (health, accident etc.) The insurance will be verified during the accreditation upon arrival.

SEE YOU IN ŁAŃCUT!

